



**Scarborough, Whitby & Ryedale  
Learning Disability Partnership Board  
Minutes  
21<sup>st</sup> October 2009 at Falsgrave Community Resource  
Centre**

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## 1. Introductions

Michael welcomed everyone to the meeting.

People said who they were.

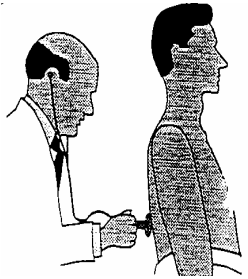


## 2. What we talked about at the last meeting

The minutes were agreed.

## 3. Things we have done since the last meeting

### Page 4 - Provision of therapy



The Co-Chairs wrote to the Primary Care Trust about speech and language therapy support. The Trust has sent a letter to say that they are looking into the matter.

The Primary Care Trust has written a letter to the Partnership Board about physiotherapy. It is unlikely that there will be further developments to current levels of physiotherapy services for people with learning disabilities. The Community Services Division will talk about physiotherapy services to see if there can be any flexibility across service areas.

### Page 5 – County Coordinating Group



Michael attended the meeting on 7<sup>th</sup> October. The Group talked about:

- Terms of reference for the Group
- An independent Chairperson for the Group
- Money

The Partnership Board will have less money for 2010-11.

The Partnership Board had prepared a paper for the Group's Agenda about a coordinated approach to symbolic language. The Group did not talk about the agenda items from the Partnership Boards.

The next **County Coordinating Group** meeting is on **11<sup>th</sup> December**.



## Page 6 – Dentistry

The Co-Chairs wrote to the Primary Care Trust about dental services. The Trust has sent a letter to say that they are looking into the matter.



## Page 7 – Personalised Budgets

The Co-Chairs wrote to the Primary Care Trust about personalised budgets. The Trust has sent a letter to say:

- there is a small number of Primary Care Trusts across the country which are piloting personal health budgets
- the Trust has asked the Strategic Health Authority to give the Trust updates on personal health budget pilots
- the Trust will continue to work closely with North Yorkshire County Council about Direct Payments.



## Page 7 – Carer Meetings

Anna Nockles has passed on information to Scarborough and Ryedale Carers Resource about places for Carers to meet.

## 4. Speak Up Reps Reports



Emma Bowker and Damien Jackson said that they have been to lots of meetings since the last Partnership Board. Therefore, Emma and Damien have not had much time to talk with many people. (Emma and Damien's Report attached.)

Damien talked about the Community Market Place Events. Damien said that he had enjoyed them. Helen Fortnum said that the Speak Up Rep jobs were advertised at both events. There will be interviews in November.

Emma said that she has done some quality work. Both Emma and Carol Patterson have talked to people about person centred planning.

Damien and Emma talked about the last Speak Up Forum. The Forum was about housing. Emma said that Valuing People now says that people should have more choices about where they live and whom they live with. The Forum agreed that people need a directory of advice and support about how to find a house.

**Action: The Housing Task Group will put this on their next Agenda.**

Steph said that Carol Patterson had enjoyed preparing the Speak Up Forum notes. (Notes attached.)

Helen said that Speak Up Reps went to a big health day feedback meeting. The report had been difficult to understand and did not include everything that Scarborough does. Lynne Taylor said that she had sent all the Big Health Day feedback to the Strategic Health Authority. Lynne wrote a letter of concern. The Strategic Health Authority has sent a letter of apology. Bridget and Victoria have also met with Commissioners to talk about concerns.

**Action: Lynne to send Kathryn copies of the letters. Partnership Board to write a letter of concern about the feedback to the Strategic Health Authority.**

Annabel and Steph did a role play about moving house. They talked about:

- where you want to live and what support you need
- having a person centred plan
- talking to a housing manager
- filling in housing forms

The next **Speak Up Forum** is on



## 5. Carers Reps Reports

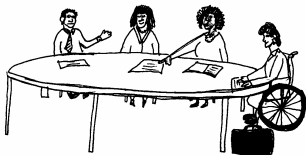
Gillian talked about the following:

- Gillian went to the County Coordinating Group Meeting,
- Carers are putting a bid together for a support role for Carers,
- Gillian went to a meeting about building an inclusive society, but learning disabilities was not mentioned,
- Tees Esk is doing a pilot study. Gillian has the information.

Lynne said that Ali Wilkins has written to the Primary Care Trust about Dentistry. The information has been passed on the Richard Sunley at the Acute Trust.

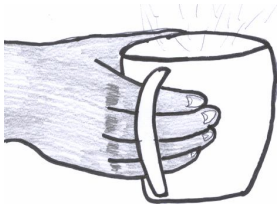
The next **Carers Forum** is on **4<sup>th</sup> November** at Basics Plus.

## 6. Provider Forum Report



The Provider Forum was about safeguarding. Anna Nockles gave a presentation because Chris Jones King was not able to attend. Some providers have had training and other providers are seeking training.

The next **Provider Forum** is on **7<sup>th</sup> December** and will be about the Mental Capacity Act.



## COFFEE BREAK



## 7. Developing Community Lives

### Yorkshire Coast College

John Kenyan, Interim Vice-Principal at Yorkshire Coast College talked about two developments at the College.

Destinations Programme has been developed into a “Routes 2 Programme”:

- From 1<sup>st</sup> December, students will be studying on a 5 day a week course that will include a work placement.
- Work experience will be offered within the College
- Employment opportunities will be offered outside of the College
- Students can be awarded a BTEC qualification.

Provision of learning for people with profound learning disabilities:

- Consultants advised the College to close the provision of learning because staff did not have adequate training and there were issues about health care and support for the students.
- The College is merging with Grimsby, which has money and expertise.
- Grimsby has a good model of provision to bring to the College at Scarborough. There is a multi-agency approach to the learning provision.
- Bonny Hodge leads the team at Grimsby.
- Grimsby would like to be involved with the Partnership Board. There needs to be a Task Group to plan the provision at the College.
- The aim is to have the provision running by August 2010.

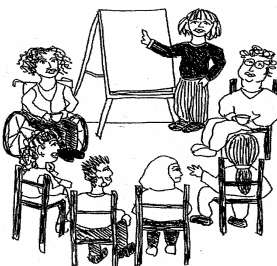
**Action: Partnership Board members to meet with Bonny Hodge and members of the College at Grimsby.**

John Lawson thanked John Kenyan for providing positive feedback about lifelong learning for people with learning disabilities.

### Developing Community Lives Task Group

John Lawson and Ruth Collin talked about the work of the Task Group over the last year:

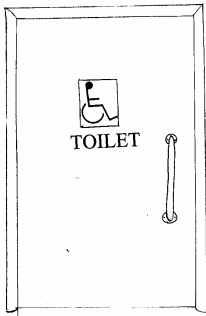
- There has been more involvement from Care Managers.
- The Task group worked with Carers Resource to develop the top tips for working with families and carers.



- The Day Services and Employment Task Group have split into two Task Groups: Developing Community Lives and Employment.
- The Task Group has talked about Valuing People Now. There are 11 things that people want to be better:
  - paid and voluntary work and support to do it
  - try new activities and have more options
  - support needed and when needed
  - more flexible transport
  - socialise – pubs, clubs, discos
  - support to keep friends and relationships
  - individual choice
  - better flexibility about learning and information about learning opportunities
  - being at home doing normal things
  - change way people think
  - back up plans when things go wrong
- Valuing People Now has given the Task Group focus.
- The Partnership Board will have a coordinated approach to the Learning Disabilities Week in 2010.
- Links have been made with Library Services to make safer places available for people with learning disabilities. A new library card is being made that will hold contact information for people when help is needed.

**Action: Lynne Taylor will talk to John about the help cards that she is introducing.**

- The Task Group is looking to help people with high support needs. Key points needed are:
  - Champion or champion group
  - Attendance and support at meetings
  - Clear access to meetings
  - Communication support to understand
  - Time
  - Advocacy to be involved
  - Membership on Task Groups
  - Commitment
  - Community awareness

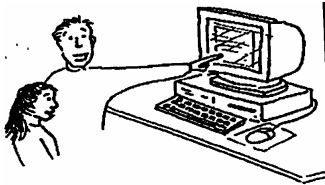


## Changing Places

John and Ruth said that there are only 3 changing places sites in this area – 1 in Scarborough and 2 in Whitby. There is a plan to have more:

- Scarborough Town Centre – Elders Street
- Eastfield
- Possibly at South side – Spa or Brookleigh
- Possibly Malton – Milton Rooms
- Possibly Filey – new Tesco
- Possibly Pickering – site to be found
- Possibly Northside – Sands development

The Partnership Board has sent letters to Scarborough Borough Council and Ryedale District Council to talk about the development of changing places in the area. Scarborough Borough Council has replied and a meeting will be set up.



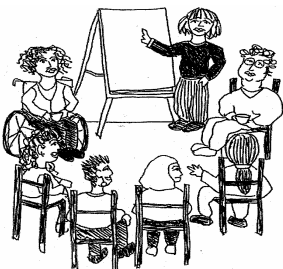
## Uchooseswr.com website

Ian Whitfield has been working on the website for 2 years with Pete Smith. Ian showed the Partnership Board how the website has been developed.

The Task Group has done a survey of the website. The results show that people are happy with the website. The website can be developed:

- Better ways to search for information
- Speech enabled information
- More photos

**Action: Board members to let Ian or Pete know if you want any information putting on the website.**

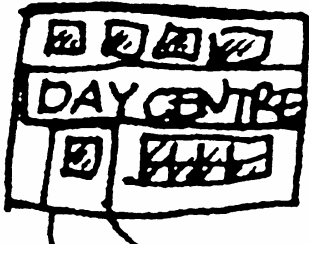


## Developing Community Lives Task Group – where are we going

The Task Group has been split into 3 groups which take their own notes and set their own action plans:

- Community Links, which will look at:
  - PCP reviews
  - Choices for community activities
- Lifelong Learning, which will look at:
  - Working with different providers
  - Adult Learning Service
  - Support that people need
  - Transport
- Choice and Control, which will look at:
  - Changing places
  - Community choices to be accessible
  - Involving people with complex needs

The Task Group will meet monthly.



### Development of Day Services

John said that a report has been sent to the Management Board that includes feedback from families, carers, self advocates and providers.

The proposals are:

- Whitby – Dalewood Resource Centre – agreed
- Ryedale – Cauwood Resource Centre – agreed
- Eastfield – Extra Care/Community Resource Centre – agreed in principle but more work needed
- Scarborough Central – Elders Street Day Centre – agreed in principle but more work needed

Senior staff from Adult and Community Services are meeting with Councillors in November. More information will then be available.



### LUNCH BREAK



### 8. Older Carers Project

Sheila Morley, Project Leader, gave a presentation about the Older Carers Project. (See attached powerpoint presentation.)

Sheila handed out 2 leaflets for information:

- Ten Tips for Family Carers to plan for the future
- Older Carers Project Leaflet

(Copy of leaflets attached or can be obtained from Carers Resource.)

### 9. Anything Else

#### Champion Roles

Maria said that she would like to take on the role of champion for people with complex needs. Maria will need some complex needs awareness training.

**Action: Ruth will link Maria into the sub-group of the Developing Community Lives Task Group that look at involving people with complex needs.**



A transitions champion is needed. Speak Up Reps have talked to

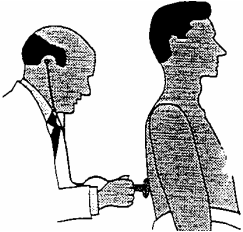
lots of people about the role. The role could be for one person or a small group of people.

Board members talked about having other champion roles.



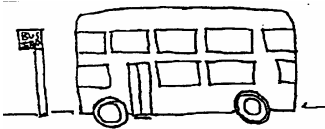
### **Regional Programme Board**

The Regional Programme Board would like the Partnership Board to tell the Regional Board about any news from our Board, or issues we would like the Regional Board to discuss. The Partnership Board will need to send an update every 3 months.



### **Big Health Day**

Anna said that Valuing People Now are organising a Big Health Day on 3<sup>rd</sup> December 2009 at Leeds. Valuing People Now would like the Partnership Boards in North Yorkshire and York to coordinate a stall that focuses on transitions across the area.



### **Transport**

Annabel talked about the bus services in the Whitby area. The provision is not good enough:

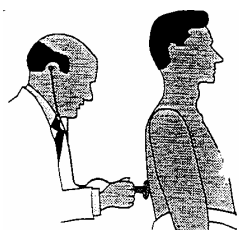
- Not enough buses
- Not enough spaces on the buses
- Not reliable – cancellations
- Services cut down

Lesley Dixon said that Dalewood have sent letters of complaint. Kathryn Smith said that petitions are going around about the problems.

**Action: Partnership Board to send a letter of complaint.**

### **New Health Passport**

Lynne Taylor said that the health passports are now ready. The passports are being sent out with the Health Action Planning. Action: Lynne will pass on some health passports to Sheila Morley for the Older Carers.



### **Mencap Acute Trust Discussion – 14<sup>th</sup> October 2009**

The guest speaker had been a Matron of Surgery. The meeting had been very useful. The Matron had talked about good changes that are happening. Many issues were raised at the meeting and the Matron will report back at a later date.

The next **Partnership Board Meeting** will be on **16<sup>th</sup> December 2009**, 10.30am at Falsgrave Community Resource Centre, Scarborough. The meeting will be about Quality and Money.

There is a café on site or you can bring your own lunch.

## **Emma and Damian Report to Partnership Board**

**21.10.09**

**Since the last Partnership Board we have been to lots of meetings:**

- 8.9.09      Quality Task Group**
- 10.9.09     Community Market Event-Whitby**
- 11.9.09     Yorkshire Coast College**
- 15.9.09     Community Lives Task Group**
- 22.9.09     Speak-Up Forum-Elders St.**
- 28.9.09     Housing Task Group**
- 29.9.09     Community Market Place-Scarborough**
- 9.10.09     Big Health Day Feedback-Burniston**

**We have had very little time to go out talking to people**

**At the Speak-Up Forum we talked about Housing**

**We asked 4 questions:**

**Are you happy where you live now?**

**Where do you want to live in the future?**

**Who do you want to live with?**

**What do you need nearby?**

**Who we live with is very important**

**If we do not get along with the people we live with we will not be happy**

**Some people want to live on their own**

**Some people want to live with a partner**

**Some people want to live with friends**

**Some people want to stay with family**

**There has been no change to the system where care managers look at housing vacancies and who to offer the places to.**

**We need to have more choices**

**Valuing People now says "We must have more choice about where we live and who we live with"**

**Most of us do not know how to look for somewhere to live, we need a big list (directory) of housing support and where to get help with housing and support services.**

**This could be a job for the Provider Forum.**

**We went to the big health day feedback at Burniston.**

**The report we got was not in easy read**

**There are lots of things that need to be made better.**

**We talked about our most important things (priorities)**

**Our group said:**

- 1. Health checks to be offered at least once a year and follow up appointments**
- 2. Ask us if we want a longer appointment**
- 3. We need easy read information and appointment**

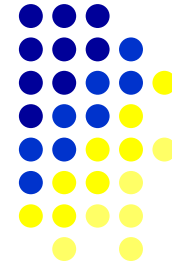
**letters and easy signs, directions around hospitals, clinics and surgeries**

**4. More training in awareness and understanding of learning disability for all health care staff and receptionists**

**5. Better facilities to examine people who have more complex disabilities and problems**

**The health trust will be making an action plan to make things better**

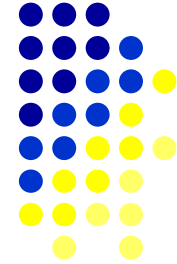
**We will be interviewing for new Speak-Up reps in November**



### How much money were we granted

- In April 2009 we were successful in obtaining a grant for £18,155.33 from NYCC for Year 1 of a 2 year project
- A private donation of £5,000 made the total amount for the project £23,155.33
- This would support a project worker for employment for 3 days a week

# How was this money to be spent



- **Maintain regular contact with carers by phone or by face to face contact**
  - **Work on new referrals from Older Carers**
    - **Provide awareness training**
- **Produce publicity to advertise the project and reach hidden carers**
  - **Provide information packs and tips for carers**
  - **To cover project workers time and expenses**
    - **For administration time, materials etc**

## What have we been doing

**Regular telephone contact with Older Carers went live 1<sup>st</sup> April this year.**

### **Topics covered:**

**Carers Health**

**Benefits**

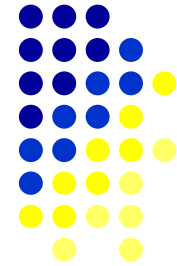
**Carers Assessments**

**Care Manager**

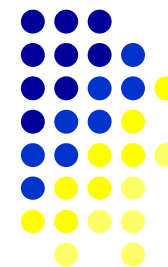
**Any difficulties negotiating with statutory services**

**Would you benefit from any information on Top Ten Tips/Self Help Groups etc**

**Do you get adequate respite**



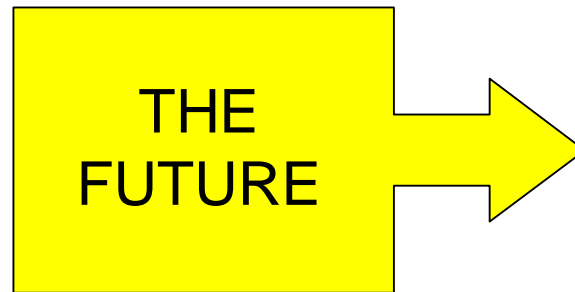
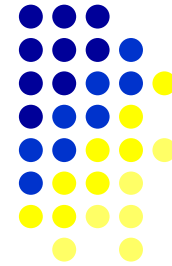
## How many older carers have been contacted?



- First 6 months since April – 39 carers have been contacted either direct by phone or letter
- Each telephone contact can last between 7 to 37 mins, but averages about 12 to 15 mins
- Each carer is contacted twice a year
- Most popular requests for information have been for benefits, carers emergency cards, direct payments and Ten Top Tips

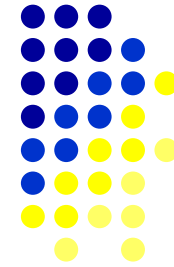


# Provide Information and Tips for Carers



- Ten Tips for family carers to plan for the future  
(Designed with support of members of the steering group)
- Leaflet to promote the project and reach hidden carers including useful contacts

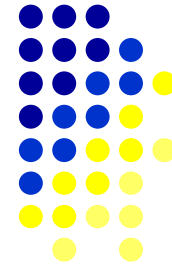
# Making Ourselves Known and Working in Partnership



- **Steering Group**
- **Carers Forum**
- **Community Market events**
- **Over 50's Forum**
- **Learning Disability Partnership Board**
- **Raising awareness with other voluntary agencies and statutory agencies**



## How do we know the project is working?



**Very good feedback from Older Carers contacted**



### **Comments from carers:**

**“Thank you for caring”**

**“Thank you for listening”**

**“It’s good to know there is someone there I can ring”**

**“Good to know someone will ring again in 6 months”**