



**Scarborough, Whitby & Ryedale
Learning Disability Partnership Board
Minutes
18th February 2009 at Basics Plus, Scarborough**

Who Came:		
Helen Beevers	Advocacy Alliance	01723 363910 hb_advocacyalliance@yahoo.co.uk
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Damien Jackson	Speak Up Rep	Advocacy Alliance - 01723 363910

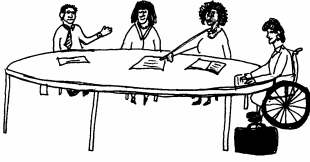
Maria Kennedy	Co-Chair Elect	Advocacy Alliance - 01723 363910
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Who Couldn't come:		
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Liz White	Person Centred Planning Coordinator	01723 581344 liz.white@acute.sney.nhs.uk



1. Introductions

People said who they are.



2. What we talked about at the last meeting

Helen Fortnum said that it would be useful if the minutes could include contact details for people who came and could not come to the meetings.

Action: Kathryn to include contact details on future minutes.

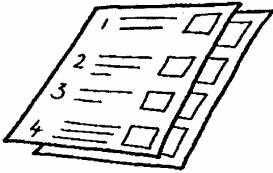
The minutes were agreed.

3. Things we have done since the last meeting



LINKS Partnership would like the Partnership Board to get involved

Michael Pitts, Emma Bowker and Anna Nockles met with Kathy Donnelly from LINKS Partnership on 22nd January. It was a good meeting. Kathy Donnelly has provided copies of the LINK booklet. LINK Partnership's Annual General Meeting is on 25th March 2009. Michael and Emma have agreed to attend.



Symbolic Language

Gillian Payne is collating information for the next Partnership Board meeting.

Action: Gillian will pass on the information to Helen Beevers for the next Speak Up Forum.



Attendance at the Speak Up Forum

Michael Pitts said that Avis Turner has sent a note about people from Basics Plus attending the Speak Up Forum. She said that some of the Speak Up Reps do work at Basics Plus.

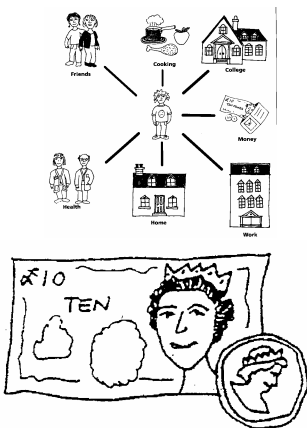


Quality Task Group

It was agreed to set up a Quality Task Group to evaluate projects funded by the Partnership Board. The Quality Task Group met for the first time on 29th January. Annabel Childs, Julie Graves, Emma Bowker, Steph Curtis and Anna Nockles attended the meeting.

The Task Group identified its priorities. The first two projects that will be evaluated are PCP and Basics Plus. Other people will join the Task Group.

The next Quality Task Group meeting is on 2nd April at North Yorkshire House.



PCP funding

The Co-Chairs have sent a letter to the Director of Adult and Community Services, Derek Law, to ask for PCP to be main stream funded from 2010/11.

Money

Money was discussed at the last Task Group Chairs meeting. It was agreed to report back about money at the next Board meeting in April when spending on the 2008/9 budget is complete.



4. Speak Up Reps Reports

Carol Patterson said that she went to the Speak Up Forum. The Forum was about health. People did a play about bad and good experiences of being at a hospital. There were workshops at the Forum. People said that they were interested in attending the Big Health Day.

Steph Curtis said that the Speak Up Reps have had meetings at Botton and Malton to talk about the Speak Up Forums. Steph said that the Speak Up Reps will hold surgeries at Botton before each Speak Up Forum to promote the Forums and provide support for people who would like more information about the Forums.

Damien Jackson said that he put up posters to promote the Forum and talked to lots of people and asked them to come to the Forum.

Annabel Childs said that she went to the Quality Task Group meeting. Annabel said that she has been given a list of jobs to do for the Task Group. Annabel will provide feedback from people who went to the Conference in Derbyshire at the next Speak Up Forum. Annabel will provide feedback from the Speak Up Forum to the Quality Task Group.

Damien said that he went to a meeting in York which was about the role of a Speak Up Rep. People talked about what Speak Up Reps need to do before, during and after Partnership Board meetings. The meeting was run by Valuing People Now and they will produce a booklet with guidelines for Speak Up Reps.

Damien said that he met with Ruth Collin to talk about trying to help people who need lots of support.

Damien said that there have been interviews for a new Speak Up Rep. Emma Bowker will be the new Speak Up Rep from April.

The next Speak Up Forum is on 1st April at the Green Lane Centre at 10.30am.



5. Carers Reps Reports

Julie Graves said that the last Carers Forum was a good meeting with 24 people attending.

Julie said that she is concerned about the lack of time that has been given by the Strategic Health Authority (SHA) for the health assessment exercise. Time constraints have been put upon the health team and this has had a knock on effect on Lynne Taylor's time to work with Carers.

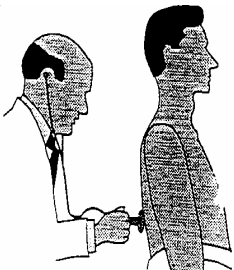
Annette Enzor said that the PCT only received the information about the health assessment framework exercise from the SHA in December. Annette said that the assessment will become an annual exercise so that in future years the work can be done throughout the year. Annette said that she would pass on the Partnership Board's concerns to the PCT.

It was agreed that the Partnership Board should write to the SHA about the timescale given for consultation exercises.

Action: George McIntyre will draft a letter for the Co-Chairs to send to the SHA on behalf of the Partnership Board.

The Carers Seminar will be on 13th May at Cober Hill, Cloughton.

COFFEE BREAK



6. Health

George McIntyre gave a presentation about the **role and work of the Health Task Group**.

Phil Bennett gave a presentation about **learning disability and mental health services working together**. Phil has written a paper about how learning disability and mental health services should work together to help people. Phil would like people to comment on his paper by April 2009. Phil's contact details are on the paper.

Action: People to provide feedback to Phil's paper by April 2009.

Lynne Taylor gave a presentation about the **role of the Health Facilitator**.

Nicola Owens gave a presentation about the role **of the Co-Health Facilitator**. Nicola said that she has met Lynne to talk about the health assessment framework. Nicola has been doing some work in the office. Nicola will be meeting with GPs at a later date.

Lynne Taylor gave a presentation about the **annual health assessment by GPs**. Lynne showed everybody a health check form. Lynne said that she is hoping to make the form easier to complete. Lynne said that people need to be prepared before the health check. Lynne showed everybody an NHS leaflet with top tips for seeing a GP for a health check up.

Lynne said that she is hoping that there will be a priority list for the health checks. Lynne said that some GP practices are waiting for new computer systems before starting the health checks. Lynne said that people do not need to wait to be invited for a health check. People can make an appointment for a health check.

Maria Kennedy said that she needed extra support with her health needs. Anna Nockles said that the PCT website does give easy read health advice. Lynne said that the health action plans will give people regular support.

Action: Delia Moore will help Maria to find extra support.

George McIntyre gave a presentation about **improving communication at the hospital**. George said that the Working Well Together report is excellent. George does not think the hospital is following the report. George thinks that the Partnership Board needs to write to the hospital and the Mental Health Trust about how they plan to implement the report.

Copies of the presentations are with the minutes.

Group Discussions



George asked the Board members to split into groups to discuss three questions:

- Should the Partnership Board write to the PCT about speech and language therapy and encourage GPs about health assessment and Health Action Plans?
- Should the Partnership Board write to the hospital and the Mental Health Trust about working together?
- How can the health checks be made better?

LUNCH BREAK

Group Discussions



The group discussions continued.

It was agreed to collate the group discussions with the minutes. The following outcome were agreed:

- The Partnership Board will write to the PCT about the provision of therapy as a whole and encourage GPs about health assessment and Health Action Plans.
- The Partnership Board will write to the hospital and the Mental Health Trust about working together.

Action: George McIntyre will draft the letters for the Co-Chairs to send to the PCT, the hospital and the Mental Health Trust on behalf of the Partnership Board.

7. Anything Else



Yorkshire Ambulance Service Health Assessment

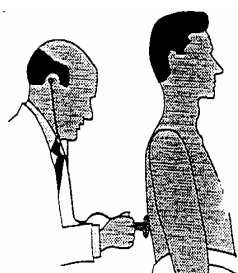
Michael Pitts said that he has been sent a letter from the Yorkshire Ambulance Service (YAS). YAS would like the Partnership Board to provide feedback for the YAS Health Assessment Framework. It was agreed to pass on the information to the Health Task Group to respond on behalf of the Partnership Board if needed.

Provider Forum



Ruth Collin said that the Provider Forum is meeting on 23rd February at 1pm at North Yorkshire House. Ruth said that she would like a Speak Up Rep to attend the meeting.

Big Health Day



Lynne said thank you to everybody who has been involved with the mini meetings. Lynne has produced a feedback report from the meetings which people could view at the Partnership Board meeting. Targets have been set and will be discussed at the Big Health Day. The Big Health Day will include a presentation, mini health checks and a dentistry stand.

Lynne said that she was disappointed that more Partnership Board members were unable to attend the mini meetings.

Phil thanked Lynne Taylor for all her hard work with the assessment exercise.

Inclusion North Advisory Council

Michael said that Inclusion North is setting up an Advisory Council. Inclusion North would like to invite the Partnership Board to think about how the Advisory Council should work. Copies of the consultation document were available at the Partnership Board meeting. It was agreed that Board members could reply directly to Inclusion North if people wished to. The deadline is 13th March 2009.

The meeting finished at 2pm.

The next Partnership Board Meeting will be on 22nd April 2009, 10.30am at Pickering Memorial Hall. The meeting will be about Communication.

Group Discussions

Group 1	
Should the Partnership Board write to the PCT about speech and language therapy and encourage GPs about health assessment and Health Action Plans?	<p>Need to review service – very thin on ground. How long is the waiting list? What are the priorities? What is the government doing to recruit speech therapists? More coordination from school to adult services. Communication aids needed – more cost effective communication. Aids – Is priority on cost cutting or on enabling? Good section on communication and aids in Health Action Plans for use in hospital etc. More and accessible ‘Total Communication Course’. Who sends leaflets to whom? Is everyone on waiting list sent a leaflet? Can NVQ system have assistants trained to help speech therapists – with the aim of spreading the load?</p>
Should the Partnership Board write to the hospital and the Mental Health Trust about working together?	Yes, write to them.
How can the health checks be made better?	<p>Remind the GPs that they are paid to. Preparation is important. Should the list “LDHA” be sent out prior to the health check? Is there an easy read? Make sure a support/carer/parent is going to attend with the LD person. Best person/best knowledge!</p>

Group 2	
Should the Partnership Board write to the PCT about speech and language therapy and encourage GPs about health assessment and Health Action Plans?	<p>All agreed within the group that a letter should be set to the PCT regarding speech and language.</p> <p>Health checks - GPs some are doing/practice nurses but appear to be physical checks rather than holistic and don't know the risks that can be for people with learning disabilities. A lot of nurses would not know what to do with someone who presented with mental health problems.</p> <p>Health Action plans – identify issues, i.e. weight diabetes and then identify what needs to be done and who can help to make sure the person needs help to achieve.</p> <p>Training currently on hold for training GPs. It is not sure why. We need to know when this training will commence as we need to keep the momentum going as some GP practices are keen for this training.</p> <p>Registers to cross reference databases to make sure all people with learning disabilities are on the right registers with doctors.</p> <p>Partnership Board to write to Maureen Howard about the cross reference of databases for info of people with learning disabilities?</p>

Should the Partnership Board write to the hospital and the Mental Health Trust about working together?	Training required. Change in attitudes required. Yes.
How can the health checks be made better?	Preparation to help health checks to be carried out. Support may be required for people with LD to prepare for health checks/health action plans? Health visitor role? Training for carers to empower individuals to take control of their health needs. What do people need to take with them to see their doctor? What does the client want to know? What does the doctor want to know? Current medical conditions? History? Medication? Easy read information on health checks would need to be sent out. PCT should prepare easy read info checks. Have the Department of Health already got something already or do we need to send an example to the PCT for them to consider using. Look on line. Easy health.

Group 3	
Should the Partnership Board write to the PCT about speech and language therapy and encourage GPs about health assessment and Health Action Plans?	This is a big problem. We need to help people to communicate their ideas and opinions. We don't know how many therapists there are. Yes we should write. Health assessment and HAP We need the form to be more easy read. We need information before we go. Doctors must understand people who need support at appointments. We think we should not write too many letters as these assessments will be funded. We need to see what the assessments are like and see what problems there are.
Should the Partnership Board write to the hospital and the Mental Health Trust about working together?	We need to know that all the hospitals are working in the same way. Yes we think the Partnership Board should write and ask what is going to happen.
How can the health checks be made better?	We don't know what they are like. We think the checks will take a long time. Some doctors are good and give you lots of time. Some doctors are in a rush. What can the Partnership do? Make people aware that they should see a doctor for a check up. We have the right to ask for a health check. Health Action plan needs to be really clear and easy read. Checks need to be every year. Train care staff that people have a choice about their health and lifestyle. We want doctors to promise they will give people a check every year. The annual check can be linked to another annual check e.g. for diabetes.

